



Breaking Free From Emotional Incarceration

PILLARS OF HOPE SPEAKER SERIES

Date & Time: October 23, 2024 from 11 A.M. to 1 P.M.

Lunch will be served

Location: GHS Main Campus • 1040 W. Bristol Rd, Flint MI 48507

Speaker: Jason Wilson

Opening Remarks: Sheriff Chris Swanson and Mayor Sheldon Neeley

Free to the Community • Seating is Limited

RSVP Required: www.genhs.org/Pillars

Questions: Call GHS Customer Services at 810-257-3705

Attendees will learn ways to identify various forms of trauma (in the Black male) and then find resources to manage those emotions and communicate effectively with those who are a part of their life.



Jason Wilson is a best-selling author and founder of the Yunion, a Detroit-based non-profit dedicated to youth development. In 2008, he established the Cave of Adullam Transformational Training Academy (CATTA), renowned for its Emotional Stability Training® for African American boys. Jason's work gained international recognition in 2016, leading to a documentary produced by Laurence Fishburne's company, which premiered at the Tribeca Film Festival in 2022.