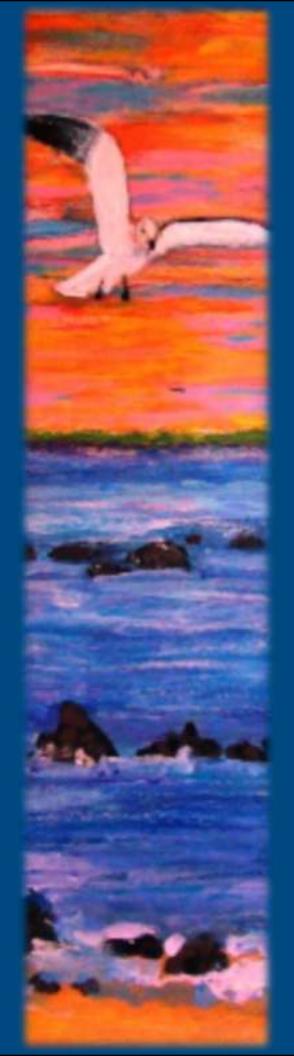
## ANNUAL REPORT

Fiscal Year 2014







Every year, GHS has an art contest that is judged by the members of the Consumer Council. The winning artwork then graces the front of both GHS Calendar and Annual Report.

This year's winner is Greg Zafiroff. Greg has been an artist since 1973. He describes his art as a relaxing pastime.

This piece is called "Freedom" because it creates a sense of being free. He used acrylics, and the colors he chose work well with the theme of freedom.

Greg was pleased to win the contest. He feels that it's a wonderful reward for something he loves to do.

Congratulations Greg!

#### **ANNUAL REPORT TO THE COMMUNITY 2014**

We are proud to submit our annual report to the Genesee County community for the fiscal year that ended September 30, 2014.

2014 was a year of change and new experiences for Genesee Health System as well as the state-wide mental health system. It was the first year under the new regional PIHP (Prepaid Inpatient Health Plan) model. Under this model there are only 10 PIHPs instead of the previous 18. The PIHPs manage the Medicaid funding and benefit. Our region, Region 10 (R10), includes Genesee. Lapeer, Sanilac, and St. Clair counties.

R10 continues to evolve as we develop new procedures and ways of doing the things we have to do. The important thing is that with all this change, services have not been affected in our region in any negative way. We are all working to ensure that the individuals we serve can't tell that anything has changed. This will continue to be our overarching goal as our region moves forward.

There is no doubt that our system will continue to change and evolve in the future. Healthy Michigan, Michigan's Medicaid expansion, has been a success and will continue to grow and help shape the state's services. We anticipate other structural changes as the administration continues to look for ways to gain efficiencies and streamline government.

Whatever these changes bring, our mission and commitment will not waiver. We will continue to do everything we can to maintain our same high level of our services to the individuals we serve.

Thank you for your support.



Danis Russell
Chief Executive Officer



Linda C. Keller GHS Board Chair





#### 2013-2014 BOARD MEMBERS

#### BAILEY, Archie

(Appointment Expires 03-31-16). County Commissioner

#### BANKERT, Terry

(Appointment Expires 03-31-18). Family Member

#### CLACK, Brenda

(Appointment Expires 03-31-16) County Commissioner

#### COLE, Wanda

(Appointment Expires 03-31-17) Consumer Representative VICE CHAIR

#### HAMMON, Ted

(Appointment Expires 03-31-18) . General Public

#### **HENNESSY**, Barney

(Appointment Ended 04-30-14). Family Member

#### JONES, Gary

(Appointment Expires 03-31-16) Family Member SECRETARY/TREASURER

#### KELLER, Linda

(Appointment Expires 03-31-17) *General Public* CHAIR

#### McCREE, Kyle

(Appointment Expires 03-31-17). General Public

#### REEVES, Angela

(Appointment Expires 03-31-16). General Public

#### SADDINGTON, Peter

(Appointment Expires 03-31-18). Consumer Representative

#### SHULTZ, Judy

(Appointment Expires 03-31-17). General Public

#### TAYLOR, Otis

(Appointment Ended 02-28-14). General Public

#### WINIARSKI, William

(Appointment Linded 03-31-15). Family Member

#### The GHS Mission

Supporting recovery, prevention, health, and wellness of the body, the mind and the community

#### Our Vision

GHS will take positive action to promote hope and health by recognizing the interconnectedness of the body, the mind, and the community. We will do this by drawing out and strengthening the natural systems of support inherent to all communities so that individuals achieve the lives they desire. We will use a relationship-based model of care to empower the people we serve and all members of our community to be the divers of their own health and wellness goals. We will support those who need it with highly-qualified caring professional teams able to respond to needs across all spheres of life: physical, mental, social, and spiritual. We believe that recovery is possible, worthwhile, and achievable for everyone.

#### Our Values

- Welcoming, accessible, responsive services
- Providers who understand the need for relationship.
- Inclusiveness founded upon inherent worth and dignity of every member of the community, with respect and appreciation for diversity of opinions, preferences, and life choices
- Delivery systems that integrate physical and behavioral health care
- Accountable, transparent stewardship of the publics trust.
- Good corporate citizenship, partnership, and leadership across the community's many networks of services and supports, both public and private

#### **INDIVIDUALS SERVED IN FY 2014**

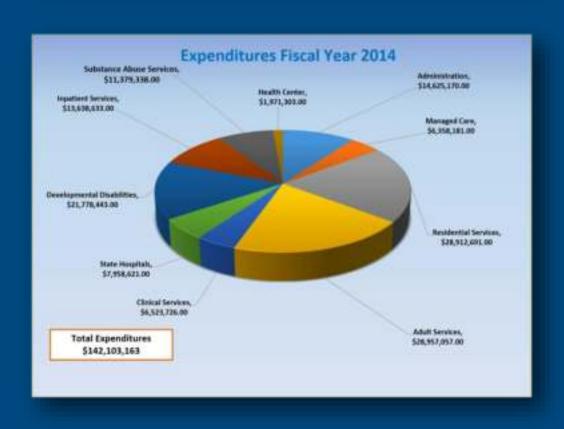
Group Served	<u>Number</u> <u>Served</u>
Intellectual/Developmental Disability	1837
Adult—Mental Illness	7957
Child—Mental Illness	<u>1937</u>
Total Mental Illness	<del>9</del> 894
Adult—-Substance Use Disorder	6384
Adolescent—Substance Use Disorder	<u>294</u>
Total Substance Use Disorder	<b>667</b> 8
Total admissions to mental health and substance use treatment networks	18409
Total Distinct Individuals	13745





## REVENUE AND EXPENDITURES 2014





#### **GHS LOCATIONS**

GHS has many programs throughout Genesee County. To seek services to any program, call our Access Center at 877.346.3648

#### 420 W. 5th Avenue

- Access Center (Mental Health, Substance Use Disorder, and Intellectual/Developmental Disabilities Assessments)
- Customer Services
- Mental Health Services
- Intellectual/Developmental Disabilities Services
- Training
- Case Management/Supports Coordination
- Deaf Services
- Medication Clinic
- Administration
- Health Information/Medical Records
- Recipient Rights
- Human Resources
- Family Subsidy
- Corporate Compliance
- Assertive Community Treatment (ACT)
- Family Psychoeducation

#### 1102 Mackin Road

- Child and Family Services
- Dialectical Behavioral Treatment

#### 705 Dort Highway

- Psychosocial Rehabilitation (PSR)/Rainbow Connection
- Wheelchair Clinic

#### 422 W. 4th Avenue

- Genesee Community Health Center
- Community Housing

#### 421 W. 5th Avenue

- Quality Management
- Utilization Management
- Risk Management

#### 725 Mason St.

- Financial Services
- Purchasing
- Payroll
- Contract Management
- Provider Relations
- Information Technology
- Outcomes Management

#### 1057 Coldwater

- Community Integration Services
- Maintenance
- Transportation

#### 3109 Kleinpell

Genesee Community Health Center













## Primary Provider Report Card

			Percentage	Percentage compliance with standards: higher is better	standards:	Timeliness: lower is better	wer is better
Primary provider	Number of primary programs	Number of individuals served	Average clinical Number of record review individuals score	% individuals with 0 or decreased crisis use at discharge	% of inpatient discharges meeting GHS follow-up standards	Median days from request to initial assessment	Median days from assessment to start of services
New Century Support Services	1	62	92%	100%	*	*	*
VIP	1	87	91%	100%	*	*	*
Hope Network New Passages	2	2705	%06	93%	83%	6.5	3
Genesee Health System	11	2434	%98	%96	83%	8	6.5
Training & Treatment Innovations	4	999	86%	92%	92%	9	8
Easter Seals	3	156	83%	97%	*	*	*
Oakland Psychological	1	35	85%	91%	*	*	*
Consumer Services Incorporated	3	1849	75%	%96	80%	9.5	9
* Not enough cases in this category for a valid report	for a valid re	port					

#### **REPORT CARDS**

#### **SUBSTANCE USE DISORDER PROVIDERS**

	Timeliness: lower is better		
Provider	Median days from request to initial assessment	Median days from assessment to start of services	
BioMed Behavioral HealthCare	*	3	
Catholic Charities	6	6	
Flint Odyssey House	2	4	
Holy Cross	0	*	
NEW PATHS, INC	*	3	
Oakland Psychological Clinic PC	8	7	
Sacred Heart Rehabilitation Center Inc.	7	7	
* Not enough cases in this category for	a valid report		

#### **DAY PROGRAM PROVIDERS**

Day program	Overall	Administrative	Record
F.W.O.G.C., Inc Flushing	100%	100%	100%
Freedom Works - Holly/Grand Blanc	100%	100%	100%
GHS Community Integration Center	100%	100%	100%
Goodwill Industries of Mid-MI	100%	100%	100%
MCSI - Cornerstone Clio	100%	100%	100%
MCSI - Cornerstone Compass	100%	100%	100%
MCSI - Cornerstone Westwood	100%	100%	100%
MCSI - Cornerstone Wolcott	100%	100%	100%
Vocational Independence Program (VIP)	96%	93%	100%





# Residential Provider Report Card

	Mean	Median
Provider (N homes)	score	score
Paiges Community Living Facility (7)	100%	
Bentley Manor Inc (5)	100%	
New Passages Behavior Health & Rehabilitation Services (3)	100%	
Summers Living Systems Inc (3)	100%	
Consumer Advancement (2)	100%	
Gatti Group Homes, Inc (2)	100%	
Gross Adult Foster Care (2)	100%	100%
Hope Network S E (2)	100%	100%
McBean Eric (2)	100%	100%
Rescare Premier (2)	100%	100%
Wilson Residential, Inc (2)	100%	100%
Bertram Haus (1)	100%	100%
Cathy Blair FFC (1)	100%	100%
Brannon Residential Achievement Group, Inc (1)	100%	100%
Rose Haven Adult Foster Care (1)	100%	100%
Burnett AFC (1)	100%	100%
Cameron AFC 2 (1)	100%	100%
Coldwater Place (1)	100%	100%
Flatrock Manor (formerly Bertrams Manor LLC) (1)	100%	100%
Kents Assisted Living (1)	100%	100%
Maitland Manor (1)	100%	100%
McShens AFC Home (1)	100%	100%
Merriman AFC (1)	100%	100%
Woodmoor Home (1)	100%	100%
Raspberry Manor (1)	100%	100%
Stone Creek Manor (1)	100%	100%
Veloso AFC (1)	100%	100%
Clifford Street AFC Home (1)	100%	100%
Sherwood Care Facility (4)	99.8%	100%
Alternative Services Inc (11)	99.5%	100%
Michigan Community Services, Inc. (7)	99.4%	100%
Valley Residential Services Inc (3)	99.3%	99%
Resident Advancement Inc (9)	99.1%	99%
Haven Country AFC (2)	99.0%	99%
Family Support Group Home (1)	99.0%	99%
Thorn Adult Foster Care Home (1)	99.0%	99%
Greenley Square Manor (2)	98.5%	99%
Central State Community (13)	97.6%	98%
Paragon Non-Profit Housing Corporation (2)	97.0%	97%
Kindred Spirit (1)	97.0%	97%
Porter Place (1)	97.0%	
Royster Haven (1)	97.0%	
Andrews & Johnson AFC (2)	96.5%	
Communication Access Center (2)	94.5%	
Lakeside Park (1)	93.0%	
Rice Foster Family Care (1)	93.0%	
Graham Adult Foster Care Home (1)	90.0%	90%

#### **CHILDREN'S AUTISM CENTER**

The Children's Autism Center officially opened in April of 2014. A joint project of Genesee Health System and Hurley Children's Hospital, the center provides intensive applied behavior analysis services for children with a diagnosis of autism between the ages of 18 months and six years old.

The Center continues to grow and serve more children in our community.

When a child is assessed, the number of treatment hours is based on medical need. A treatment plan is then developed with the child and parent. Children often come in several hours per day. The center offers three shifts each day with varying hours. Parents can choose what works best in their schedule within the needs of the child. The child then works one-on-one with a technician under the supervision of a behavior analyst within the prescribed treatment plan.

Children work primarily with their technician learning new skills one-on-one. They occasionally interact with other children to help develop their social skills.

Below are the pictures from our open house. Top left is Hurley CEO. Melany Gavulic and Genesee Health System CEO, Danis Russell cutting the ribbon. Bottom left is GHS' Chief Clinical Officer Lauren Tompkins. Ph.D. Ahmad Kaddurah. MD, Laura Carravallah, MD. Hurley CEO Melany Gavulic. Mott Children's Health Center CEO Lawrence Reynolds. MD, and GHS CEO Danis Russell. The picture on the right is one of the treatment rooms.





## GENESEE COMMUNITY HEALTH CENTER SECOND LOCATION GRAND OPENING

Genesee Community Health Center was successful in an application for a grant to open a Federally Qualified Health Center (FQHC). The Health Center opened in 2012 in its first location at 422 W. 4th Avenue in Flint, just off from Grand Traverse. In 2014 the Health Center opened its second location in the Atherton East Apartment Complex off Atherton Road near Dort Hwy. The Health Center offers health services and outreach to the residents of Atherton East as well as the community surrounding the complex. The Health Center is an active part of the community, meeting regularly with residents and being part of planned activities with residents.

Below are pictures of the grand opening. Top right is the lobby of the Center.

Bottom right picture shows cutting the ribbon to the new Health Center. Standing in the back: Frank Woods from the Flint Housing Commission and GHS CEO Danis Russell. In the front: Genesee Community Health Center Director Linda Bielskis and the Health Center Board Chair Mike Burnett.

The Health Center is part of the GHS array of services, helping us to treat the entire person's health, not just imental health or substance use disorder treatments. We

can offer all under one roof.

The Health
Center also treats
anyone in the
community for
any healthcare
need. They also
have friendly staff
to help
individuals
navigate the
healthcare
insurance
system.



#### **MENTAL HEALTH FIRST AID**

Genesee Health System, along with seven other Community Mental Health Service Agencies, received a grant in January of 2014 to train Mental Health First Aid trainers and then provide Mental Health Training to the community. The grant was continued in October of 2014 and will run until September of 2015.

Mental Health First Aid (MHFA) is an eight hour training that teaches anyone in the community to recognize the signs and symptoms of anxiety, depression, substance use disorders and psychosis. They also learn what to do until appropriate professional and other help can begin.

Classes consist of about 20 people and are held both at GHS and in the community. Many organizations have invited the MHFA trainers into their offices to train their staff.

One in five persons will have a mental health disorder sometime in their life. Mental illness does not discriminate—it affects young and old, male and female, all races, and all along the socio-economic scale. The MHFA class helps participants identify when someone may be in crisis and then helps them to work with the individual until professional help arrives.

During Fiscal Year 2014 (October 1, 2013—September 30, 2014). GHS instructors trained 961 community members in Mental Health First Aid techniques. The grant covers the training, a book that the participant takes with them, and lunch.

If you and/or your business is interested in having GHS Trainers come and train on Mental Health First Aid, call the GHS Training Department at (810) 762-5280 or visit www.genhs.org/mhfa. Classes are regularly held at the GHS building

(420 W. 5th Avenue in Flint) or trainers can come to your location if there are approximately 20 in the group.

Schedule your session today!







### GENESEE ALCOHOL AND ADDICTION PREVENTION COALITION

Genesee Health System has hosted the GAAP Coalition (Genesee Alcohol and Addiction Prevention Coalition ) for a number of years. Consisting of community members and organizations who are also committed to prevent substance abuse and associated consequences among youth and adults in Genesee County, the coalition plans events and strategies to help youth understand the consequences and give them options for other choices in their life.

In Fiscal Year 2014, the GAAP Coalition received year two of the Partnerships for Success grant from SAMHSA (Substance Abuse and Mental Health Services Administration—a branch of the federal government under the Health and Human Services Administration).

The Coalition sponsored several events to provide information and outreach:

- GAAP offered a training "Community Trials for High Risk," where 25 members of the community attended.
- GAAP worked with Ignite Flint Church in March 2014 to provide a
  Parenting Awareness Event. The fun-filled day provided information
  to families as well as family fun activities such as bounce houses and
  games.
- GAAP hosted an informational dinner for over 300 people in collaboration with the Ignite Flint Church.
- In June. GAAP offered another family funday where over 250 people attended, learning about prevention and talking to community resources that included police and ambulances, resources offered by the Genesee County Parks, and visited the Park's Farm Truck and interacting with farming and animals.
- GAAP held the second annual Hip Hop Extravaganza at the Genesee Valley Mall where 18 performers competed for a \$100 prize with hundreds of onlookers enjoying the performances.

GAAP has many activities planned for 2015. If you are interested in joining them, regular meetings are held the second Tuesday of every month from 8:30-10:00

AM at the GHS main building . 420 W. 5th Avenue in Flint . Call 810-496-5544 for more information, or visit us at www.genhs.org/GAAP



#### HOPE AND HEALTH IN THE COMMUNITY

#### Community Events:

In 2014, GHS began a series of talks throughout the community called "Hope and Health in the Community." The talks, held at local churches all around the county, focused on the signs and symptoms of mental illness and substance use disorder. Discussions also focused on bullying, mental health first aid, what individuals could do to help someone who needed services, and the services that are offered in the community.

In all, 11 presentations were held with over 260 people in attendance. Reviews showed that the talks were well received and that people gained information that they found valuable.

#### Speaker Bureau:

GHS continues to have an active Speaker Bureau. We often talk to groups of individuals about GHS services, the signs and symptoms of mental illness and/or substance use disorders, how to help someone in need of mental health or substance use services, dealing with stress, stigma, depression, parenting, and other topics related to mental health, substance use disorders, and developmental disabilities.

#### Health Fairs

GHS is often in the community providing information at health fairs and other

community gatherings.

If you are interested in a speaker or having GHS come to your organization or group, call us at 810-257-3705.







#### **Contact Us**

#### Crisis Services

24 hours / 7 days 810.257.3740 TTY 810.232.6310 Toll Free 877.346.3648

#### Mental Health and Substance Abuse Access Center

Monday—Friday; 8 AM—5 PM 810.257.3740 TTY 810.232.6310 Toll Free 877.346.3648

#### **Customer Services**

Monday—Friday; 8 AM—5 PM 810.257.3705 TTY 810.257.1346 Toll Free 866.211.5455

Chief Executive Officer 810.257.3707

> Website www.genhs.org