Self Esteem Group

Thursdays 2:00-3:00 PM



- Bring out your best!
- Find support from others.
- Meet challenges
- Build on your strengths.
- See yourself in a new and positive way.
- Make each day more rewarding

This is an on-going group that meets weekly. Contact Customer Services for more information





Customer Services Department (Phone) 810-257-3705 (TTY) 810-257-1346 Open Monday - Friday from 8am to 5pm Interpreter Services Available at no cost to you